Place all the items listed in a small ziplock bag. Copy the information below and place it in the bag, too.

Your Sanity Kit

An ERASER to make all your mistakes disappear.

A PENNY so that you cannot say "I'm broke".

A MARBLE in case you're told you've lost yours.

A RUBBERBAND to stretch yourself beyond the limit.

A STRING to tie things together when they fall apart.

A HUG & KISS, a reminder, someone, somewhere, cares.

If all fails, blow air into the bag & Stay afloat.